

24th Annual Pine View Invitational

Date:	Friday, March 27 th 1:00 p.m. Saturday March 28 th 9:00 a.m.
Who:	All 1A-5A track teams
Where:	Pine View High School – St. George, Utah
Awards:	Individual medals for top three places, T-shirt for 1 st place individual, and a Team Championship trophy.
Cost:	\$90.00 per team \$180.00 for both or 5.00 per athlete
Registration:	Due Thursday March 26 th , 8:00 pm No exceptions
Web Site:	Registration will be online at <u>www.runnercard.com</u> ; please submit times for the 800, 1600, 3200 (if a time is not submitted they will not be in the fast heat).

E-mail or call us with any questions:

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*We will allow 4 entries per event we will not be allowing any B teams.

January 28, 2015

Coaches,

We are hosting the 24th annual Pine View Invitational. We will be holding it March 27th -28th. If you are planning on attending please post your entries by the 26th. Again this year we are having a spaghetti dinner on Friday night for those teams or individuals interested. The cost will be \$5.00 per person for a plate of spaghetti, green salad, bread sticks, and water or fruit punch. This might be a better alternative to trying to go out in St. George that night. We will have the dinners at the concession stand. If you are interested in this dinner for your whole team, please let us know how many will be attending by March 14th so we can order the bread sticks. Thank you.

Sincerely,

Dave Holt PVHS Track Coach

Pine View Invitational 2015 Schedule of Events

Friday March 27 1:00 pm

Boys will follow girls in all events except in the distance events (800,1600,3200) where girls' seeded will run first followed by boys' seeded; then remaining girls' heats and remaining boys' heats

1600 Meter Finals
100 Hurdles
110 Hurdles
100 Meter
400 Meter
300 Hurdles
200 Meter
4 x 800 relay

Saturday March 28 9:00 am

All Finals

3200 Meters 100 Hurdles 110 Hurdles 100 Meter 400 Meter Relay 400 Meter 300 Hurdles 800 Meters Medley Relay 200 Meter 1600 Meter Relay Field events will not start

until 4:00 pm Except the long Jump it will start at 2:00

FIELD EVENTS

Girls Javelin (min 70') Girls Discus (min 60') Girls Long Jump (min 10') Boys Shot Put (min 30') Boys High Jump (5')

Girls Shot Put (min 20') Girls High Jump (min 4') Boys Discus (min 75') Boys Javelin (min 100') Boys Long Jump (16')

• Be advised we will not be contesting the pole vault at all.