

*Harry Burchell Memorial City/County Track Meet  
Fremont High School  
March 27<sup>th</sup> & 28<sup>th</sup>, 2012*

Dear Coaches,

The annual City/County Track and Field meet will be held on Tuesday March 27<sup>th</sup> and Wednesday March 28<sup>th</sup> 2011. Fremont High School will host the meet this year.

We will be using runnercard.com. **Entries will be due no later than 11:59 pm on Sunday, March 27<sup>th</sup>.**

Each school will be allowed to enter four **(4)** athletes per event. In order for things to run as smoothly as possible, we are asking for your cooperation in making this a successful event. Please supply at least one qualified adult and as many helpers as needed to run the event your school has been assigned. Please make sure that your event judges are here, know the rules for the event and start the event on time. If they cannot be here at 2:30 to start the event warm-ups, we would expect the coaches to get it started. Fremont High will provide standards and cross bar for the high jump, rakes for the long jump, and all hurdles. But coaches please bring you own measuring tape, clipboards and writing implement.

The high jump is located on the Northwest end of the infield. The shot put is located in the Northeast corner outside of the stadium. The discus is located on the Northeast of the stadium outside of the fence. The javelin is located on the Northeast of the stadium outside of the fence, it is between the school and baseball field. The long jump is on the outside of the track on the Southwest side.

Event assignments are as follows:

<b>High Jump – Ogden</b>	<b>Shot Put – Bonneville</b>
<b>Javelin – Ben Lomond</b>	<b>Discus – Weber</b>
<b>Long Jump – Roy</b>	<b>Hurdle Crew – Fremont/St. Joseph</b>
<b>Wind Gauges-St. Joseph</b>	<b>Pole Vault-- Fremont</b>

There is a \$150 entry fee per school, which will be used to cover the cost of the meet.

The UHSAA has sanctioned the meet as a State-Qualifying meet.

Remember **entries will be due by 11:59 pm on Sunday, March 27<sup>th</sup>**

Registration information will follow this information in the next few days.

We will try to keep all events on schedule whenever possible. However, times are subject to change based on the flow of the meet. Please have all of your athletes listen to the calls and ready to participate as their events are called. Fremont has a 8 -lane track so we will take 8 athletes to the finals in all lane events. In the field events, each athlete will have 3 throws/jumps in the trials. The top 7 throwers/jumpers will advance to the finals where they will have 3 additional throws or jumps.

There will be co-ed Pole Vault, but it will not count towards team points. The starting height will be determined at the start of the event based upon those competing.

**Team Scoring will be as follows:**

- 1<sup>st</sup> place – 10 points;
- 2<sup>nd</sup> place – 8 points;
- 3<sup>rd</sup> place – 6 points;
- 4<sup>th</sup> place – 4 points;
- 5<sup>th</sup> place – 2 points;
- 6<sup>th</sup> place – 1 point;

Awards will be announced and given at the podium in the middle of the infield.

Starting heights:

Boys high jump      5' 8"  
Girls high jump      4' 6"

Please pay attention to the uniform rule and make sure all competing athletes are in compliance. All other rules will be enforced according to the UHSAA and National Federation Rule Book.

Please remind your athletes of the safety concerns during the throwing events. The discus, shot put, and javelin landing areas will be flagged. All athletes should stay out of the flagged area. Implement weigh-ins will be from 2:00 – 2:45 pm each day. The weigh station will be located outside the east side of the stadium by the concession stand.

Include all relay times. Times should be fully automatic (fat), or if hand time converted to FAT by rounding up to the nearest tenth and adding .24.

A coaches meeting will take place at 2:45 pm at the finish line on the West end of the track each day of the competition. Team trophies for both the girls and boys team champions will be awarded. Also, as in the past, the top male and female performers will be awarded as voted on by the head coaches. Voting will take place as soon as the meet is finished.

If you have any questions or concerns please call or email me:  
Aimee Sauvageau (801)648-6637, [aisauvageau@wsd.net](mailto:aisauvageau@wsd.net)

Sincerely,

Aimee Sauvageau  
Fremont High School

# 2012 Harry Burchell Memorial City-County Track and Field Fremont High School

## GENERAL INFORMATION

1. After completion of each field event, all implements must be removed from the field and competition area. No Frisbees, footballs, or similar objects will be allowed on the infield.
2. Javelin and Discus is contested on the north field outside of the football stadium. It is just on the other side of the north bleachers and restroom. High Jump is located on the North end of the infield. Long Jump and Pole Vault is on the outside of the track on the south west side of the stadium. Shot put is in the northeast corner of the stadium outside the track.
3. **Each participant will get 3 attempts in the shot, discus, javelin, and long jump; the top 7 athletes will receive 3 attempts in the finals.**
4. The cross bar will be placed and raised as follows:  
Girls: 4'4", 4'6", 4'8", 4'10", 5', 5'2", and one inch thereafter  
Boys: 5'6", 5'8", 5'10", 6', 6'2", 6'4", and one inch thereafter
5. Introduction of athletes (running events): Athletes will be introduced from their assigned lanes before the start of each race.
6. All running events will be run girls first/ boys second.
7. Seating for coaches and athletes can be on either set of bleachers. NO TENTS will be allowed in the West bleachers! Competitors, upon completion of their event, are required to leave the field and sit in the stands. NO EXCEPTIONS! Disqualifications could occur to teammates or to athletes who violate this rule. Competitors, athletes who just completed an event, or athletes warming up should be the only athletes on the track.
8. Entrances to the stadium will be located at the West side of the track.
9. We ask that your busses do not park on the west side of field because of Drivers Ed.
10. We will use the Eagle Eye Pro Timing system and the camera is located outside the track just south of the west stands, the area will be flagged. This area will be off limits to all athletes, coaches, supporters, etc.
11. Qualifying for the finals in all running events with trials will be the top 8 times from the trials. The distance events will have 2 heats with the top 6 times placing.
12. Restrooms are located on the Northeast side of the track, please use the outdoor restroom.
13. A small concession stand will be provided on the west side of the track.

**COACHES: PLEASE INFORM ALL YOUR ATHLETES AND PARENTS OF THIS INFORMATION – ESPECIALLY STAYING AWAY FROM THE CAMERA AT THE FINISH LINE AND OFF INFIELD.**

# **Harry Burchell Memorial City/County Track and Field Meet 2012**

**Tuesday March 27<sup>th</sup> and Wednesday March 28<sup>th</sup>**

Tuesday – Order of Events <b>All times are tentative</b>		Wednesday- order of Events <b>All times are tentative</b>	
2-2:45	Implement Weigh-in	2 – 2:45	Implement Weigh-in
2:30	Coaches meeting (by finish line)	2:30	Coaches meeting (by finish line)
3:00	Field Events Boys – Javelin, Discus, High Jump Girls – Shot put, Long Jump Javelin	3:00	Field Events Boys – Shot put, Long Jump Girls – Discus, High Jump Mixed- Pole Vault
3:00	Girls 1600 meters	3:00	Girls 3200 meters
3:15	Boys 1600 meters	3:25	Boys 3200 meters
3:30	100m Hurdles-girls trials	3:40	100m Hurdles – girls finals
3:40	110m Hurdles – boys trials	3:45	110m Hurdles – boys finals
3:50	100m dash – girls trials	3:50	100m Dash – girls finals
4:00	100m dash – boys trials	3:55	100m Dash – boys finals
4:10	400m dash – girls trials	4:00	5 minute break
4:25	400m dash – boys trials	4:05	4x100m Relay – girls finals
4:40	300m Hurdles – girls trials	4:10	4x100m Relay – boys finals
4:55	300m Hurdles – boys trials	4:15	400m Dash – girls finals
5:10	200m dash – girls trials	4:20	400m Dash – boys finals
5:25	200m dash – boys trials	4:25	300m Hurdles – girls finals
5:35	Medley Relay- Girls	4:30	300m Hurdles – boys finals
5:40	Medley Relay- Boys	4:35	800m Run – Girls
5:45	Run Off if Needed	4:45	800m Run – Boys
		4:55	200m Dash-Girls
		5:00	200m Dash-Boys
		5:10	4x400 Relay-Girls
		5:20	4x400 Relay-Boys
		5:45	Awards