

2023 Granite Invitational

This will be a rolling schedule. Running events will begin at 1:00 girls, followed by the boys. Heats will be seeded slow to fast.

4x800 M Relay

100mH Girls / 110mH Boys

100 M Dash

4x200 M Relay

1600 M Run

4x100 M Relay

400 M Dash

300 M Hurdles

800 M Dash

200 M Dash

3200 M Run

4x400 M Relay

Field Events-

All field events will begin at 12:30. This means warm-ups for the first flight will begin at 12:15. Please have those athletes competing in the first flight there and ready so we can start on time.

Girls Discus... Boys to follow

Girls High Jump... Boys to follow

Boys Shot... Girls to follow

Boys Javelin.... Girls to follow

Boys Long Jump.... Girls to follow