

# AF & West @ Riverton

Riverton High School

March 29, 2017

## **Running Events**

**3:30 PM**

100m /110m Hurdles

100 m Dash

1600m Run

4 X 100 m Relay

400 m Dash

300 m Hurdles

800 m Run

Medley Relay

200 m Dash

3200 m Run

4 X 400 m Relay

## **Field Events (Open Pit)**

**3:30 PM**

High Jump: 3:30 to 4:30

Shot Put: North End 3:30 - 4:15

Discus: South Field 4:15 – 5:00

Javelin: Main Field 5:00 – 5:45

Long Jump: 4:30 to 5:30

Pole Vault: 3:30