

**Junior High School Track and Field Meet  
@ Roy High School  
Schedule of Events**

2:45 Coaches Meeting in PressBox

**Field Events**

|       |                 |                             |
|-------|-----------------|-----------------------------|
| 3:00- | Girls Long Jump | Followed by Boys Long Jump  |
|       | Girls Shot Put  | Followed by Boys Shot Put   |
|       | Boys Discus     | Followed by Girls Discus    |
|       | Boys High Jump  | Followed by Girls High Jump |

**Running Events**

3:00- Girls 100m Hurdles  
3:10- Boys 110m Hurdles  
3:20- Girls 1600m Run  
3:35- Boys 1600m Run  
3:45- Girls 100m Dash  
3:50- Boys 100m Dash  
3:55- Girls 400m Dash  
4:10- Boys 400m Dash  
4:20- Girls 4x100m Relay  
4:25- Boys 4x100m Relay  
4:30- Girls 800m Run  
4:40- Boys 800m Run  
4:50- Girls Medley Relay  
5:00- Boys Medley Relay  
5:10- Girls 200m Dash  
5:15- Boys 200m Dash  
5:20- Boys/Girls 4x100 combo Relay  
5:25- Girls 4x400m Relay  
5:35- Boys 4x400m Relay

**\*\*Events will move ahead of schedule if possible**