

# SALT LAKE CLASSIC

SATURDAY, MARCH 18<sup>TH</sup>

## Meet Director Contact Information:

**Registration/General Questions:** Devin Moody – [coachdevinmoody@gmail.com](mailto:coachdevinmoody@gmail.com)

**Payment/On-site Meet Director:** Chase Englestead – [chase.englestead@jordandistrict.com](mailto:chase.englestead@jordandistrict.com)

## Focuses for the Meet:

- provide an Invite which finishes in around 5 hours
- provide an early season Invite with up to 10 entries per event

## Format:

- In order to accomplish the above focuses we will cap the meet at **14 teams**
- With 14 teams and up to 9 entries, we can predictably know the maximum amount of heats and keep the meet moving on a timely schedule. This will be accomplished by splitting the meet between two venues to keep the meet around 5 hours.
  - o **Sprints, Hurdles, and Jumps @ Corner Canyon High School**
  - o **Distance and Throws @ Riverton High School**

Registration: will be done on RunnerCard.com (there will be a code)

- 9 Entries per individual event, 2 Entries per relay (3 entries for the 4x800m)
- There will be a limited amount of teams. Please email [coachdevinmoody@gmail.com](mailto:coachdevinmoody@gmail.com) if you would like to have a spot for your team.

Cost: \$200 per team, for smaller teams the cost will be \$5 per athlete

Send all payment to: **Riverton High School**  
**ATTN: Track & Field**  
**12476 2700 W**  
**Riverton, UT 84065**

Registration Deadline: Entries will need to be added to RunnerCard  
by **Thursday, March 16<sup>th</sup> @ midnight**

# MEET SCHEDULE

\*Double Location Meet

\*The Distance & Throws would start 30min later to allow for teams to drop off all their Sprinters, Hurdlers and Jumpers at Corner Canyon High School then they can travel 15min to Riverton High School.

\*The predicted ending of the meet would also account form the Distance and Throws finishing first and then they can travel to Corner Canyon High School to pick up the rest of the team.

## SPRINT, HURDLES & JUMPS @ Corner Canyon High School

### TRACK EVENTS

**(Girls, then Boys | Fastest to Slowest)**

#### *Estimated Start Times*

10:00am	Girls 100m
10:30am	Boys 100m
11:00am	Girls 100m Hurdles
11:25am	Boys 110m Hurdles
11:50am	Girls 4x100m Relay
12:00pm	Boys 4x100m Relay
12:10pm	Girls 400m
12:35pm	Boys 400m
1:00pm	Girls 4x200m Relay
1:15pm	Boys 4x200m Relay
1:30pm	Girls 300m Hurdles
1:55pm	Boys 300m Hurdles
2:20pm	Girls 200m
2:45pm	Boys 200m
3:10pm	Girls 4x400m
3:20pm	Boys 4x400m
3:30pm	END OF MEET

### MORNING FIELD EVENTS

**STARTING @ 10:00am**

Pole Vault (Boys and Girls)  
Boys Long Jump  
Girls High Jump

### AFTERNOON FIELD EVENTS

**STARTING @ 12:30pm**

(Following the conclusion of the previous events)  
Girls Long Jump  
Boys High Jump

## DISTANCE & THROWS @ Riverton High School

### TRACK EVENTS

**(Girls, then Boys | Fastest to Slowest)**

#### *Estimated Start Times*

10:30am	Girls 1600m
11:10am	Boys 1600m
11:50am	Girls 800m
12:10pm	Boys 800m
12:30pm	Girls 3200m
1:20pm	Boys 3200m
2:10pm	Girls 4x800m Relay
2:30pm	Boys 4x800m Relay
2:50pm	END OF MEET

### MORNING FIELD EVENTS

*(Weigh-ins at 10:00am)*

**STARTING @ 10:30am**

Boys Discus  
Girls Shot Put  
Girls Javelin

### AFTERNOON FIELD EVENTS

**STARTING @ 12:45pm**

(Following the conclusion of the previous events)  
Girls Discus  
Boys Shot Put  
Boys Javelin