

Region XII championships

Location: Steve and Dona Reeder course (USU) 1000E 1400N Logan

Tuesday Oct. 10th

- JV girls 3:30pm
- JV Boys 4:00pm
- Varsity Girls 4:30pm
- Varsity Boys 5:00pm

Awards 6:00pm

- Trophies for top varsity teams
- Medals for top 10 boys and girls varsity
- Medals for top 15 boys and girls JV (cost for JV medals divided between each team $\$72/6 = \12.00)
- Bring or send a check made out to "Mt. Crest High school" for \$12.00)

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- Register on runnercard.com for Region XII championships (password: run)
 - A varsity team is seven runners maximum.
 - A JV team has no runner limit

Reminder from bylaws

9. Teams may enter seven athletes for the varsity race at the Region Championships.
10. In order to participate in the Region Championship meet, a runner must participate in at least two previous meets. Of those two meets, one must be a region meet and either the Aggie Invite or the Cache Box. Exceptions will be made for illness and injuries. Each coach will be expected to police his/her own team.

Spectators and buses should use the gravel parking lot off 1400N for parking.