

# Utah County Invitational

## April 14 and 15, 2023

### Registration Fee

\$100/\$200 per team or \$8 per athlete per event

Please make payments to Cedar Valley High School online via myschoolfees:

[https://secure3.myschoolfees.com/guest\\_home.aspx?sid=4428&feegroupid=4048](https://secure3.myschoolfees.com/guest_home.aspx?sid=4428&feegroupid=4048)

### Awards

Medals will be awarded to the top 3 Finishers in individual events and 1<sup>st</sup> place relay teams. Boys and Girls Team Champions will be awarded with a Team trophy.

### Heat/Flight Seeding

When registering your athletes, please estimate reasonable marks to ensure proper seeding.

Preliminary rounds in some Track races will be contested on **Friday** in a serpentine fashion. 8 athletes will qualify for the finals on **Saturday**. No substitutions or replacements will be made for athletes who qualify for finals, but scratch, or do not intend to run in the Final.

For Track events designated as a timed final (800m, 1600m, 3200m, 4x100m Relay, 4x200m Relay, 4x400m Relay, 4x800m Relay, and Medley Relay) sections will be seeded fastest to slowest. The 4x800m Relay and the Medley Relay will likely only have one section.

Although the Medley Relay event is being contested for the smaller classifications as a state qualifying opportunity for them, all schools are welcome to run a medley relay team. **The Medley Relay will be counted as a scoring event and contribute to the Team Point total.**

Field events will be alternating days by gender, and will be seeded into flights with the top seeded athletes in the final flight.

### Field Event Competition & Hog-lines

Field Event Officials will mark **the first legal attempt**, even if the mark does not reach the hog-line (minimum mark). After the first legal attempt, any additional attempts must reach the designated minimum distance to be measured. Horizontal Jump and Throwing Event participants will each receive 3 attempts with **NO FINALS**.

### Spectators & Team Camp Locations

Due to limited space in the facility for athletes to warm-up, absolutely **NO SPECTATORS** will be allowed on the in-field. Please set up camp & place your canopies on **the EAST BLEACHERS** inside the stadium or in the grassy area in the southeast corner of the stadium

## Track Events

### Friday April 14 @ 3:00pm

#### SCHEDULE WILL ROLL AS POSSIBLE

Estimated Start Time – Event (~# of Heats)

3:00pm - 4x200m Relay Girls Timed Final (2)  
3:10pm - 4x200m Relay Boys Timed Final (2)  
3:20pm - 1600m Girls Timed Final (3)  
3:50pm - 1600m Boys Timed Final (3)  
4:25pm - 100m Hurdles Girls Trials (8)  
4:50pm - 110m Hurdles Boys Trials (8)  
5:10pm - 100m Dash Girls Trials (10)  
5:40pm - 100m Dash Boys Trials (10)  
6:10pm - 400m Dash Girls Trials (10)  
6:40pm - 400m Dash Boys Trials (10)  
7:05pm - 300m Hurdles Girls Trials (8)  
7:30pm - 300m Hurdles Boys Trials (8)  
7:55pm - 200m Dash Girls Trials (10)  
8:30pm - 200m Dash Boys Trials (10)  
8:55pm - 4x800m Relay Girls Final (1)  
9:10pm - 4x800m Relay Boys Final (1)

### Saturday April 15 (All Finals) @ 9:00am

#### SCHEDULE WILL NOT ROLL

Estimated Start Time – Event (# of Heats)

9:00am - 100m Hurdles Girls Final (1)  
9:10am - 110m Hurdles Boys Final (1)  
9:20am - 100m Dash Girls Final (1)  
9:30am - 100m Dash Boys Final (1)  
9:40am - 3200m Run Girls Timed Final (2)  
10:20am - 3200m Run Boys Timed Final (2)  
11:00am - 4x100m Relay Girls Timed Final (1)  
11:05am - 4x100m Relay Boys Timed Final (1)  
11:10am - 400m Dash Girls Final (1)  
11:15am - 400m Dash Boys Final (1)  
11:20am - 300m Hurdles Girls Final (1)  
11:25am - 300m Hurdles Boys Final (1)  
11:30am - 800m Run Girls Timed Final (4)  
12:00pm - 800m Run Boys Timed Final (4)  
12:30pm - Medley Relay Girls Timed Final (1)  
12:40pm - Medley Relay Boys Timed Final (1)  
12:50pm - 200m Dash Girls Final (1)  
1:00pm - 200m Dash Boys Final (1)  
1:15pm - 4x400m Relay Girls Timed Final (1)  
1:25pm - 4x400m Relay Boys Timed Final (1)

## Field Events

### Friday April 14

3:00pm

Boys Shot (Min 32-06)  
Girls Discus (Min 65-00)  
Boys Javelin (Min 110-00)

Girls Long Jump (Min 13-06)  
Boys High Jump (Starts @ 5-04)

Pole Vault (Starts @ 6-00)  
Pole vault will combine boys and girls

### Saturday April 15

9:00am

Girls Shot (Min 24-00)  
Boys Discus (Min 90-00)  
Girls Javelin (Min 70-00)

Boys Long Jump (Min 18-00)  
Girls High Jump (Starts @ 4-04)