

Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 3 Girls 100 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Sellers, Maddie	Uintah HS	
2	Reyes, Isabella	Cedar Valley HS	
3	Baumgardner, Anna	Uintah HS	
4	Stott, Arisna	Cedar Valley HS	
5	Oyler, Logan	Payson HS	
6	Muhlestein, Taylor	Cedar Valley HS	
7	Sampson, Brinley	Uintah HS	
8	Magee, Canyon	Uintah HS	
Section 2 of 2 Timed Finals			
1	Huber, Genny	Uintah HS	
2	Sillito, Emery	Cedar Valley HS	
3	Huber, Kaylee Jo	Uintah HS	
4	Golding, Erica	Payson HS	
5	Johnson, Beth	Uintah HS	
6	Porter, Makenzie	Cedar Valley HS	
7	Sellers, Emmalee	Uintah HS	
8	Strasburg, Lillian	Uintah HS	

Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
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Event 4 Boys 110 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1			
2			
3	Huber, Drew	Uintah HS	
4	Jakins, Clayson	Cedar Valley HS	
5	Davis, Briggs	Cedar Valley HS	
6	Grady, Gavin	Uintah HS	
7			
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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 5 Girls 100 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 6 Timed Finals			
1	Thomas, Emberlee	Payson HS	
2	Johnson, Saidey	Cedar Valley HS	
3	Hartman, Bekah	Payson HS	
4	Stott, Arisna	Cedar Valley HS	
5	Woodbury, Kelsey	Cedar Valley HS	
6	Savage, Sophie	Payson HS	
7	Oyler, Logan	Payson HS	
8	Wallace, Sophie	Cedar Valley HS	
Section 2 of 6 Timed Finals			
1	Paluso, Emily	Cedar Valley HS	
2	Sego, Cassidy	Payson HS	
3	Holyoak, Taylee	Cedar Valley HS	
4	Strasburg, Lillian	Uintah HS	
5	Helmandoollar, Alissa	Cedar Valley HS	
6	Golding, Erica	Payson HS	
7	Valentine, London	Cedar Valley HS	
8	Long, Gabriella	Uintah HS	
Section 3 of 6 Timed Finals			
1	Burbank, Emiko	Cedar Valley HS	
2	Schmolke, Stephanie	Cedar Valley HS	
3	Panton, Alexandra	Cedar Valley HS	
4	Ellinger, Kierra	Cedar Valley HS	
5	Passey, Cerenna	Cedar Valley HS	
6	Smith, Rowan	Cedar Valley HS	
7	Blackwell, Chloe	Cedar Valley HS	
8	Straw, Maleah	Cedar Valley HS	

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Section 4 of 6 Timed Finals...(Event 5 Girls 100 Meter Dash)

1	Muhlestein, Catie	Cedar Valley HS
2	Jones, Suzanne	Cedar Valley HS
3	Scattolon, Aurora	Cedar Valley HS
4	Bekai, Latnai	Cedar Valley HS
5		
6	Elmer, Annie	Cedar Valley HS
7	Clarke, Kaylian	Cedar Valley HS
8	Estes, Jady	Cedar Valley HS

Section 5 of 6 Timed Finals

1	Turner, Alyssa	Cedar Valley HS
2	Brazell, Alexis	Cedar Valley HS
3	Clements, Esther	Cedar Valley HS
4	Emfield, Elise	Cedar Valley HS
5	Blackham, Abigail	Cedar Valley HS
6	Taylor, Anna	Cedar Valley HS
7	Spigelmire, Olivia	Cedar Valley HS
8	King, Aubrey	Cedar Valley HS

Section 6 of 6 Timed Finals

1		
2		
3		
4	Hudson, Gabrielle	Cedar Valley HS
5	Upwal, Abigail	Cedar Valley HS
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7		
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Region 7 Tri Meet - 3/21/2023
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Meet Program

Event 6 Boys 100 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 9 Timed Finals			
1	Fullmer, David	Payson HS	
2	Jakins, Brayden	Cedar Valley HS	
3	Ivers, Tanner	Payson HS	
4	Norton, Gavin	Cedar Valley HS	
5	Jordan, Jayden	Cedar Valley HS	
6	Morrill, Benjamin	Payson HS	
7	Killian, Gavin	Cedar Valley HS	
8	Christensen, Cole	Cedar Valley HS	
Section 2 of 9 Timed Finals			
1	Christensen, Ove	Cedar Valley HS	
2	Wood, Dallan	Payson HS	
3	Bybee, Landon	Cedar Valley HS	
4	Sanders, Gabriel	Payson HS	
5	Paluso, Tony	Cedar Valley HS	
6	Shaw, Jonah	Payson HS	
7	Cram, Treyson	Cedar Valley HS	
8	Peck, Javante	Payson HS	
Section 3 of 9 Timed Finals			
1	Ballard, Luke	Cedar Valley HS	
2	Huff, Peyton	Payson HS	
3	Berson, Cris	Uintah HS	
4	Baker, Kekai	Cedar Valley HS	
5	Hess, Christopher	Payson HS	
6	Sorenson, Scott	Cedar Valley HS	
7	Marvin, Mason	Payson HS	
8	Brady, Felipe	Cedar Valley HS	

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Section 4 of 9 Timed Finals...(Event 6 Boys 100 Meter Dash)

1	Farrer, William	Payson HS
2	Marshall, Treyveon	Cedar Valley HS
3	Sutton, Jace	Uintah HS
4	Evans, Mitchell	Cedar Valley HS
5	Tucker, Alex	Uintah HS
6	Stilson, Rhett	Payson HS
7	Sellick, Nate	Cedar Valley HS
8	Carrick, Tyler	Payson HS

Section 5 of 9 Timed Finals

1	King, Spencer	Payson HS
2	Johnson, Tryston	Cedar Valley HS
3	Vandewark, Jed	Uintah HS
4	Harris, Kaden	Payson HS
5	Smith, Brandon	Payson HS
6	Hawkes, Camden	Uintah HS
7	Toone, Thomas	Payson HS
8	Mortensen, Cooper	Payson HS

Section 6 of 9 Timed Finals

1	Pierson, Brecken	Cedar Valley HS
2	Krinke, Ty	Cedar Valley HS
3	McClellan, Jace	Cedar Valley HS
4	Schauerhamer, Cy	Cedar Valley HS
5	Ahotaeiloa, Jonah	Cedar Valley HS
6	Thorup, Sam	Cedar Valley HS
7	Woods, Bryce	Cedar Valley HS
8	Dongaard, Talon	Cedar Valley HS

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Section 7 of 9 Timed Finals...(Event 6 Boys 100 Meter Dash)

1	Alabi-Isama, Amari	Cedar Valley HS
2	Hansen, Cooper	Cedar Valley HS
3	Cline, Jarom	Cedar Valley HS
4	Glad, Gavin	Cedar Valley HS
5	Warnick, Easton	Cedar Valley HS
6	Clarke, Aidan	Cedar Valley HS
7	Williams, James	Cedar Valley HS
8		

Section 8 of 9 Timed Finals

1		
2	Kendall, Foster	Cedar Valley HS
3	Hamner, Joshua	Cedar Valley HS
4	Maio, Max	Cedar Valley HS
5	Johnson, Paxon	Cedar Valley HS
6	Whited, Kody	Cedar Valley HS
7	Rice, Jacob	Cedar Valley HS
8		

Section 9 of 9 Timed Finals

1		
2	Barrus, Luke	Cedar Valley HS
3	Billings, Adley	Cedar Valley HS
4	Cook, Carson	Cedar Valley HS
5	Webb, Barrett	Cedar Valley HS
6	Oliverson, Jett	Cedar Valley HS
7	Monson, Jaxin	Cedar Valley HS
8		

Region 7 Tri Meet - 3/21/2023
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Event 9 Girls 1600 Meter Run

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Rasmussen, Tori	Payson HS	
2	Kenworthy, Ciceily	Cedar Valley HS	
3	Horrocks, Dalli	Uintah HS	
4	Watson, Bailey	Payson HS	
5	Irish, Morgan	Uintah HS	
6	Haughton, Lauren	Cedar Valley HS	
7	Rawls, Audrey	Cedar Valley HS	
8	Huber, Genny	Uintah HS	
9	O'Neal, Lily	Cedar Valley HS	
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Region 7 Tri Meet - 3/21/2023
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Meet Program

Event 10 Boys 1600 Meter Run

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Rooney, Samuel	Cedar Valley HS	
2	Anderson, Damon	Payson HS	
3	Shannon, Cade	Cedar Valley HS	
4	Sorenson, Austin	Cedar Valley HS	
5	Sampson, Gideon	Cedar Valley HS	
6	Stinson, Zachary	Payson HS	
7	Isbell, Nathan	Cedar Valley HS	
8	Taysom, Landen	Cedar Valley HS	
9	Glad, Gavin	Cedar Valley HS	
10	Sampson, Tage	Cedar Valley HS	
11	Mitchell, Adam	Cedar Valley HS	
12	Rawlings, Christopher	Cedar Valley HS	
13	McKee, Dax	Uintah HS	
14	Cook, Brendon	Uintah HS	
15	Clarke, Aidan	Cedar Valley HS	
16	Larson, Gordon	Cedar Valley HS	
17	Irish, Zach	Uintah HS	
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24			
25			

Region 7 Tri Meet - 3/21/2023
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Meet Program

Event 11 Girls 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Timed Finals			
1			
2			
3			
4	Uintah HS	A	
5	Cedar Valley HS	A	
6			
7			
8			

Region 7 Tri Meet - 3/21/2023
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Meet Program

Event 12 Boys 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Timed Finals			
1			
2			
3	Cedar Valley HS	A	
4	Uintah HS	A	
5	Cedar Valley HS	B	
6			
7			
8			

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Event 13 Girls 400 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 3 Timed Finals			
1			
2	O'Neal, Lily	Cedar Valley HS	
3	Woodbury, Kelsey	Cedar Valley HS	
4	Nielson, Olivia	Payson HS	
5	Muir, Kambri	Payson HS	
6	Valentine, London	Cedar Valley HS	
7	Sellers, Maddie	Uintah HS	
8	Sand, Dakota	Uintah HS	
Section 2 of 3 Timed Finals			
1			
2	Taylor, Anna	Cedar Valley HS	
3	Hartman, Bekah	Payson HS	
4	Helmandoollar, Alissa	Cedar Valley HS	
5	Sellers, Emmalee	Uintah HS	
6	Thomas, Emberlee	Payson HS	
7	Straw, Maleah	Cedar Valley HS	
8			
Section 3 of 3 Timed Finals			
1			
2	Savage, Sophie	Payson HS	
3	King, Aubrey	Cedar Valley HS	
4	Davies, Esther	Uintah HS	
5	Johnson, Saidey	Cedar Valley HS	
6	Gleason, Kesli	Uintah HS	
7	Elmer, Annie	Cedar Valley HS	
8	Everrett, McKenna	Cedar Valley HS	

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Event 14 Boys 400 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 6 Timed Finals			
1	Escalante, Diego	Cedar Valley HS	
2	Marvin, Mason	Payson HS	
3	Hacking, Josh	Uintah HS	
4	Norton, Gavin	Cedar Valley HS	
5	Hansen, Cooper	Cedar Valley HS	
6	Cardenas, Joaquin	Payson HS	
7	Bybee, Landon	Cedar Valley HS	
8	Juber, Braxton	Cedar Valley HS	
Section 2 of 6 Timed Finals			
1	Huff, Peyton	Payson HS	
2	Vandewark, Jed	Uintah HS	
3	DeGraffenried, Noah	Payson HS	
4	Christensen, Cole	Cedar Valley HS	
5	Brady, Felipe	Cedar Valley HS	
6	Hamner, Luke	Cedar Valley HS	
7	King, Spencer	Payson HS	
8	Tucker, Alex	Uintah HS	
Section 3 of 6 Timed Finals			
1	McKay, Dallas	Uintah HS	
2	Sanders, Gabriel	Payson HS	
3	Carrick, Tyler	Payson HS	
4	Pierson, Brecken	Cedar Valley HS	
5	Shaw, Jonah	Payson HS	
6	Webb, Clayton	Cedar Valley HS	
7	Farrer, William	Payson HS	
8	Berson, Cris	Uintah HS	

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Section 4 of 6 Timed Finals...(Event 14 Boys 400 Meter Dash)

1		
2	McClellan, Jace	Cedar Valley HS
3	Kimmel, Ethan	Payson HS
4	Woods, Bryce	Cedar Valley HS
5	Wood, Dallan	Payson HS
6	Gale, Grant	Uintah HS
7	Toone, Thomas	Payson HS
8	Smuin, Bryton	Uintah HS

Section 5 of 6 Timed Finals

1		
2	Marvin, Jackson	Payson HS
3	Fullmer, David	Payson HS
4	Pyles, Davy	Cedar Valley HS
5	Hess, Christopher	Payson HS
6	Nyberg, Nolan	Uintah HS
7	Anderson, Damon	Payson HS
8	Hawkes, Camden	Uintah HS

Section 6 of 6 Timed Finals

1		
2	Schauerhamer, Cy	Cedar Valley HS
3	Cram, Treyson	Cedar Valley HS
4	Williams, James	Cedar Valley HS
5	Clarke, Aidan	Cedar Valley HS
6	Kendall, Foster	Cedar Valley HS
7	Hill, Gavin	Cedar Valley HS
8		

Region 7 Tri Meet - 3/21/2023
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Event 15 Girls 300 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1			
2	Sillito, Emery	Cedar Valley HS	
3	Magee, Canyon	Uintah HS	
4	Reyes, Isabella	Cedar Valley HS	
5	Wallace, Sophie	Cedar Valley HS	
6	Oyler, Logan	Payson HS	
7			
8			
Section 2 of 2 Timed Finals			
1			
2	Blackwell, Chloe	Cedar Valley HS	
3	Huber, Kaylee Jo	Uintah HS	
4	Muhlestein, Taylor	Cedar Valley HS	
5	Golding, Erica	Payson HS	
6	Clements, Esther	Cedar Valley HS	
7			
8			

Region 7 Tri Meet - 3/21/2023
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Event 16 Boys 300 Meter Hurdles

Lane	Name	School	Seed Time
Section 1 of 3 Timed Finals			
1			
2	Grady, Gavin	Uintah HS	
3	Ivers, Tanner	Payson HS	
4	Gregory, Chevas	Cedar Valley HS	
5	Jakins, Brayden	Cedar Valley HS	
6	Toone, Thomas	Payson HS	
7	Huber, Drew	Uintah HS	
8			
Section 2 of 3 Timed Finals			
1			
2	Marshall, Treyveon	Cedar Valley HS	
3	King, Spencer	Payson HS	
4	Davis, Briggs	Cedar Valley HS	
5	Marvin, Jackson	Payson HS	
6	Bateman, Josh	Cedar Valley HS	
7	Marvin, Mason	Payson HS	
8			
Section 3 of 3 Timed Finals			
1			
2	Krinke, Ty	Cedar Valley HS	
3	Cardenas, Joaquin	Payson HS	
4	Hamner, Joshua	Cedar Valley HS	
5	Morrill, Benjamin	Payson HS	
6	Jakins, Clayson	Cedar Valley HS	
7			
8			

Region 7 Tri Meet - 3/21/2023
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Event 17 Girls 200 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 5 Timed Finals			
1	Davies, Esther	Uintah HS	
2	Taylor, Anna	Cedar Valley HS	
3	Davies, Amelia	Uintah HS	
4	Valentine, London	Cedar Valley HS	
5	Oyler, Logan	Payson HS	
6	Johnson, Beth	Uintah HS	
7	Sego, Cassidy	Payson HS	
8	Dillman, Ashlynn	Uintah HS	
Section 2 of 5 Timed Finals			
1	Sand, Dakota	Uintah HS	
2	Halverson, Cassie	Uintah HS	
3	Hartman, Bekah	Payson HS	
4	Labrum, Lauren	Uintah HS	
5	Ellinger, Kierra	Cedar Valley HS	
6	Gleason, Kesli	Uintah HS	
7	Jones, Suzanne	Cedar Valley HS	
8	Long, Gabriella	Uintah HS	
Section 3 of 5 Timed Finals			
1	Paluso, Emily	Cedar Valley HS	
2	Straw, Maleah	Cedar Valley HS	
3	Smith, Rowan	Cedar Valley HS	
4	Helmandoollar, Alissa	Cedar Valley HS	
5	Burbank, Emiko	Cedar Valley HS	
6	Scattolon, Aurora	Cedar Valley HS	
7	Panton, Alexandra	Cedar Valley HS	
8			

**Region 7 Tri Meet - 3/21/2023
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Section 4 of 5 Timed Finals...(Event 17 Girls 200 Meter Dash)

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|---|---------------------|-----------------|
| 1 | Blackham, Abigail | Cedar Valley HS |
| 2 | Schmolke, Stephanie | Cedar Valley HS |
| 3 | Spigelmire, Olivia | Cedar Valley HS |
| 4 | Passey, Cerenna | Cedar Valley HS |
| 5 | King, Aubrey | Cedar Valley HS |
| 6 | Clarke, Kaylian | Cedar Valley HS |
| 7 | Larson, Ellie | Cedar Valley HS |
| 8 | | |

Section 5 of 5 Timed Finals

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|---|-------------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | Everrett, McKenna | Cedar Valley HS |
| 5 | Upwal, Abigail | Cedar Valley HS |
| 6 | | |
| 7 | | |
| 8 | | |

Region 7 Tri Meet - 3/21/2023
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Meet Program

Event 18 Boys 200 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 7 Timed Finals			
1	Shaw, Jonah	Payson HS	
2	Tucker, Alex	Uintah HS	
3	Hansen, Cooper	Cedar Valley HS	
4	Jordan, Jayden	Cedar Valley HS	
5	Norton, Gavin	Cedar Valley HS	
6	Killian, Gavin	Cedar Valley HS	
7	Ivers, Tanner	Payson HS	
8	Christensen, Cole	Cedar Valley HS	
Section 2 of 7 Timed Finals			
1	Vandewark, Jed	Uintah HS	
2	Hess, Christopher	Payson HS	
3	Gale, Grant	Uintah HS	
4	Harris, Kaden	Payson HS	
5	Smuin, Bryton	Uintah HS	
6	Gregory, Chevas	Cedar Valley HS	
7	Evans, Logan	Uintah HS	
8	Farrer, William	Payson HS	
Section 3 of 7 Timed Finals			
1	Sutton, Jace	Uintah HS	
2	Cram, Treyson	Cedar Valley HS	
3	McKay, Dallas	Uintah HS	
4	Oliverson, Jett	Cedar Valley HS	
5	Nyberg, Nolan	Uintah HS	
6	Stilson, Rhett	Payson HS	
7	Berson, Cris	Uintah HS	
8	Peck, Javante	Payson HS	

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Section 4 of 7 Timed Finals...(Event 18 Boys 200 Meter Dash)

1	Schauerhamer, Cy	Cedar Valley HS
2	Paluso, Tony	Cedar Valley HS
3	Ballard, Luke	Cedar Valley HS
4	Escalante, Diego	Cedar Valley HS
5	Johnson, Paxon	Cedar Valley HS
6	Pierson, Brecken	Cedar Valley HS
7	Sorenson, Scott	Cedar Valley HS
8	Kendall, Foster	Cedar Valley HS

Section 5 of 7 Timed Finals

1		
2	Monson, Jaxin	Cedar Valley HS
3	Cook, Carson	Cedar Valley HS
4	Woods, Bryce	Cedar Valley HS
5	Webb, Barrett	Cedar Valley HS
6	Clarke, Aidan	Cedar Valley HS
7	Warnick, Easton	Cedar Valley HS
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Section 6 of 7 Timed Finals

1		
2	Webb, Clayton	Cedar Valley HS
3	McClellan, Jace	Cedar Valley HS
4	Hamner, Joshua	Cedar Valley HS
5	Thorup, Sam	Cedar Valley HS
6	Dongaard, Talon	Cedar Valley HS
7	Whited, Kody	Cedar Valley HS
8		

**Region 7 Tri Meet - 3/21/2023
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Section 7 of 7 Timed Finals...(Event 18 Boys 200 Meter Dash)

1

2 Hill, Gavin Cedar Valley HS

3 McArthur, Samuel Cedar Valley HS

4 Cline, Jarom Cedar Valley HS

5 Williams, James Cedar Valley HS

6 Baker, Kekai Cedar Valley HS

7 Johnson, Tryston Cedar Valley HS

8

Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 19 Girls 800 Meter Run

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Rasmussen, Tori	Payson HS	
2	Watson, Bailey	Payson HS	
3	Irish, Morgan	Uintah HS	
4	Huber, Genny	Uintah HS	
5	Churchill, Alessandra	Cedar Valley HS	
6	Evans, Eliza	Cedar Valley HS	
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Region 7 Tri Meet - 3/21/2023
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Event 20 Boys 800 Meter Run

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Toone, Thomas	Payson HS	
2	Kimmel, Ethan	Payson HS	
3	Hacking, Josh	Uintah HS	
4	Olson, Ethan	Payson HS	
5	DeGraffenried, Noah	Payson HS	
6	Bateman, Josh	Cedar Valley HS	
7	Stinson, Zachary	Payson HS	
8	Irish, Zach	Uintah HS	
9	Pyles, Davy	Cedar Valley HS	
10	Juber, Braxton	Cedar Valley HS	
11	Garside, Tayden	Cedar Valley HS	
12	Cook, Brendon	Uintah HS	
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Region 7 Tri Meet - 3/21/2023
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Event 21 Girls 3200 Meter Run

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Horrocks, Dalli	Uintah HS	
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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 22 Boys 3200 Meter Run

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Stinson, Zachary	Payson HS	
2	McKee, Dax	Uintah HS	
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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 25 Girls High Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Bekai, Latnai	Cedar Valley HS	
2	Sampson, Brinley	Uintah HS	
3	Pengra, Gabrielle	Cedar Valley HS	
4	Johnson, Saidey	Cedar Valley HS	
5	Sego, Cassidy	Payson HS	
6	Nielson, Olivia	Payson HS	
7	Brazell, Alexis	Cedar Valley HS	
8	Clements, Esther	Cedar Valley HS	
9	Labrum, Lauren	Uintah HS	
10	Porter, Makenzie	Cedar Valley HS	
11	Scattolon, Aurora	Cedar Valley HS	
12	Halverson, Cassie	Uintah HS	
13	Davies, Amelia	Uintah HS	
14	Larson, Ellie	Cedar Valley HS	
15	Passey, Cerenna	Cedar Valley HS	
16	Davies, Esther	Uintah HS	
17	Emfield, Elise	Cedar Valley HS	
18	Sillito, Emery	Cedar Valley HS	
19	Baumgardner, Anna	Uintah HS	
20	Reyes, Isabella	Cedar Valley HS	
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Region 7 Tri Meet - 3/21/2023
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Event 26 Boys High Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Smith, Brandon	Payson HS	
2	Hacking, Josh	Uintah HS	
3	Peck, Javante	Payson HS	
4	Evans, Logan	Uintah HS	
5	Olson, Ethan	Payson HS	
6	Stilson, Rhett	Payson HS	
7	Nyberg, Nolan	Uintah HS	
8	Mortensen, Cooper	Payson HS	
9	Shaw, Jonah	Payson HS	
10	Baker, Kekai	Cedar Valley HS	
11	Alcorn, David	Cedar Valley HS	
12	Hall, Jacob	Cedar Valley HS	
13	Krinke, Ty	Cedar Valley HS	
14	Cline, Jarom	Cedar Valley HS	
15	Cook, Carson	Cedar Valley HS	
16	Dongaard, Talon	Cedar Valley HS	
17	Romans, Samuel	Cedar Valley HS	
18	Christensen, Ove	Cedar Valley HS	
19	Evans, Mitchell	Cedar Valley HS	
20	Sellick, Nate	Cedar Valley HS	
21	Alabi-Isama, Amari	Cedar Valley HS	
22	Barrus, Luke	Cedar Valley HS	
23	Jakins, Clayson	Cedar Valley HS	
24	Jakins, Brayden	Cedar Valley HS	
25	Davis, Briggs	Cedar Valley HS	

Region 7 Tri Meet - 3/21/2023
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Event 27 Girls Pole Vault

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Holyoak, Taylee	Cedar Valley HS	
2	Sillito, Emery	Cedar Valley HS	
3	Johnson, Saidey	Cedar Valley HS	
4	Palmer, Aubrey	Cedar Valley HS	
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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 28 Boys Pole Vault

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Evans, Mitchell	Cedar Valley HS	
2	Ahotaciloa, Jonah	Cedar Valley HS	
3	Bybee, Landon	Cedar Valley HS	
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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 29 Girls Long Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Baumgardner, Anna	Uintah HS	
2	Blackwell, Chloe	Cedar Valley HS	
3	Brazell, Alexis	Cedar Valley HS	
4	Burbank, Emiko	Cedar Valley HS	
5	Clements, Esther	Cedar Valley HS	
6	Ellinger, Kierra	Cedar Valley HS	
7	Emfield, Elise	Cedar Valley HS	
8	Estes, Jady	Cedar Valley HS	
9	Everrett, McKenna	Cedar Valley HS	
10	Halverson, Cassie	Uintah HS	
11	Hartman, Bekah	Payson HS	
12	Holyoak, Taylee	Cedar Valley HS	
13	Johnson, Saidey	Cedar Valley HS	
14	Larson, Ellie	Cedar Valley HS	
15	McArthur, Brinlee	Cedar Valley HS	
16	Muir, Kambri	Payson HS	
17	Nielson, Olivia	Payson HS	
18	Oyler, Logan	Payson HS	
19	Palmer, Aubrey	Cedar Valley HS	
20	Pengra, Gabrielle	Cedar Valley HS	
21	Reyes, Isabella	Cedar Valley HS	
22	Savage, Sophie	Payson HS	
23	Sillito, Emery	Cedar Valley HS	
24	Stott, Arisna	Cedar Valley HS	
25	Taylor, Anna	Cedar Valley HS	
26	Thomas, Emberlee	Payson HS	
27	Wallace, Sophie	Cedar Valley HS	

**Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program**

Flight 1 of 1 Finals

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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 30 Boys Long Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Alabi-Isama, Amari	Cedar Valley HS	
2	Baker, Kekai	Cedar Valley HS	
3	Ballard, Luke	Cedar Valley HS	
4	Barrus, Luke	Cedar Valley HS	
5	Berson, Cris	Uintah HS	
6	Christensen, Ove	Cedar Valley HS	
7	Cline, Jarom	Cedar Valley HS	
8	Cook, Carson	Cedar Valley HS	
9	Davis, Briggs	Cedar Valley HS	
10	Evans, Logan	Uintah HS	
11	Evans, Mitchell	Cedar Valley HS	
12	Hacking, Josh	Uintah HS	
13	Harris, Kaden	Payson HS	
14	Hess, Christopher	Payson HS	
15	Ivers, Tanner	Payson HS	
16	Jakins, Brayden	Cedar Valley HS	
17	Jakins, Clayson	Cedar Valley HS	
18	Johnson, Paxon	Cedar Valley HS	
19	Krinke, Ty	Cedar Valley HS	
20	Morrill, Benjamin	Payson HS	
21	Mortensen, Cooper	Payson HS	
22	Nyberg, Nolan	Uintah HS	
23	Olson, Ethan	Payson HS	
24	Peck, Javante	Payson HS	
25	Romans, Samuel	Cedar Valley HS	
26	Sanders, Gabriel	Payson HS	
27	Sellick, Nate	Cedar Valley HS	

**Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program**

Flight 1 of 1 Finals

28	Shaw, Jonah	Payson HS
29	Smith, Brandon	Payson HS
30	Smith, Kanen	Cedar Valley HS
31	Sorenson, Scott	Cedar Valley HS
32	Stilson, Rhett	Payson HS
33	Webb, Barrett	Cedar Valley HS
34	Oliverson, Jett	Cedar Valley HS
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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 31 Girls Discus Throw

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Young, Brinsley	Payson HS	
2	Hansen, Kailey	Payson HS	
3	Swensen, Audrey	Cedar Valley HS	
4	Christensen, Paityn	Uintah HS	
5	Rice, Elizabeth	Cedar Valley HS	
6	Lauber, Rae	Cedar Valley HS	
7	Moliga, Laila	Cedar Valley HS	
8	Miller, Macey	Uintah HS	
9	Hassell, Samantha	Cedar Valley HS	
Flight 2 of 3 Finals			
1	Johnson, Kynzie	Payson HS	
2	Goman, Stephanie	Cedar Valley HS	
3	Sampson, Brinley	Uintah HS	
4	Wolfgramm, Elina	Cedar Valley HS	
5	Wolfgramm, Efalame	Cedar Valley HS	
6	Falepapalangi, Maleihna	Cedar Valley HS	
7	White, Amber	Payson HS	
8	Langi, Kelsy	Cedar Valley HS	
9	Weight, Alexis	Payson HS	

**Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program**

Flight 3 of 3 Finals...(Event 31 Girls Discus Throw)

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| 1 | Falepapalangi, Finau | Cedar Valley HS |
| 2 | Linde, Brinley | Cedar Valley HS |
| 3 | Dillman, Ashlynn | Uintah HS |
| 4 | Morton, Abby | Uintah HS |
| 5 | Francom, Charlotte | Payson HS |
| 6 | Winter, Aspen | Cedar Valley HS |
| 7 | Quinones, Ash | Cedar Valley HS |
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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 32 Boys Discus Throw

Pos	Name	School	Seed Mark
Flight 1 of 4 Finals			
1	McLelland, Shane	Payson HS	
2	Langi, Aisea	Cedar Valley HS	
3	Vogl, Bryan	Cedar Valley HS	
4	Smith, Kanen	Cedar Valley HS	
5	Smith, Kolten	Cedar Valley HS	
6	Fetua, Alama	Cedar Valley HS	
7	El Halta, Zackary	Cedar Valley HS	
8	Lawrenson, Braxton	Payson HS	
9	Clements, Chandler	Payson HS	
10	Baugh, Hunter	Cedar Valley HS	
11	Godfrey, Brock	Cedar Valley HS	
12	Linde, Manning	Cedar Valley HS	
Flight 2 of 4 Finals			
1	Swenson, Adrian	Cedar Valley HS	
2	Muhlestein, Benson	Cedar Valley HS	
3	Brady, Felipe	Cedar Valley HS	
4	Linford, Dillon	Cedar Valley HS	
5	Hawkins, Taysen	Uintah HS	
6	Pickup, Jd	Uintah HS	
7	Marquez, Carlos	Cedar Valley HS	
8	Proctor, Jackson	Cedar Valley HS	
9	Harvey, Kortland	Cedar Valley HS	
10	Dunn, Dalton	Cedar Valley HS	
11	Beddes, Ben	Payson HS	
12	Barratt, Cody	Payson HS	

Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Flight 3 of 4 Finals...(Event 32 Boys Discus Throw)

1	Fisher, Kj	Cedar Valley HS
2	Thorup, Daniel	Cedar Valley HS
3	Gregory, Chevas	Cedar Valley HS
4	Del Billar, Omar	Payson HS
5	Henderson, Slade	Uintah HS
6	Lawrenson, Ryker	Payson HS
7	Evans, Logan	Uintah HS
8	Johnson, Seth	Payson HS
9	Rice, Jacob	Cedar Valley HS
10	Olson, Ethan	Payson HS
11	Cottle, Owen	Payson HS
12	Seely, Bucky	Cedar Valley HS

Flight 4 of 4 Finals

1	Bennett, Ethan	Payson HS
2	Becar, Cannon	Cedar Valley HS
3	Harper, Jaxson	Cedar Valley HS
4	Sharp, Dalton	Uintah HS
5	King, Johnathan	Payson HS

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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 33 Girls Shot Put

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Swensen, Audrey	Cedar Valley HS	
2	Langi, Kelsy	Cedar Valley HS	
3	Lauber, Rae	Cedar Valley HS	
4	Miller, Macey	Uintah HS	
5	Rice, Elizabeth	Cedar Valley HS	
6	Christensen, Paityn	Uintah HS	
7	Winter, Aspen	Cedar Valley HS	
8	Wolfgramm, Elina	Cedar Valley HS	
9	Weight, Alexis	Payson HS	
10	Goman, Stephanie	Cedar Valley HS	
11	Moliga, Laila	Cedar Valley HS	
12	White, Amber	Payson HS	
Flight 2 of 2 Finals			
1	Johnson, Kynzie	Payson HS	
2	Falepapalangi, Maleihna	Cedar Valley HS	
3	Linde, Brinley	Cedar Valley HS	
4	Francom, Charlotte	Payson HS	
5	Quinones, Ash	Cedar Valley HS	
6	Dillman, Ashlynn	Uintah HS	
7	Morton, Abby	Uintah HS	
8	Falepapalangi, Finau	Cedar Valley HS	
9	Hassell, Samantha	Cedar Valley HS	
10	Huber, Kaylee Jo	Uintah HS	
11	Wolfgramm, Efalame	Cedar Valley HS	
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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 34 Boys Shot Put

Pos	Name	School	Seed Mark
Flight 1 of 4 Finals			
1	Vogl, Bryan	Cedar Valley HS	
2	Fetuaao, Alama	Cedar Valley HS	
3	Smith, Kanen	Cedar Valley HS	
4	Langi, Aisea	Cedar Valley HS	
5	Del Billar, Omar	Payson HS	
6	Lawrenson, Braxton	Payson HS	
7	Marquez, Carlos	Cedar Valley HS	
8	Clements, Chandler	Payson HS	
9	Baugh, Hunter	Cedar Valley HS	
10	Dunn, Dalton	Cedar Valley HS	
11	Harvey, Kortland	Cedar Valley HS	
12	Horsely, Kody	Cedar Valley HS	
Flight 2 of 4 Finals			
1	Linford, Dillon	Cedar Valley HS	
2	Rhoades, Kyler	Payson HS	
3	Proctor, Jackson	Cedar Valley HS	
4	Smith, Kolten	Cedar Valley HS	
5	Harper, Jaxson	Cedar Valley HS	
6	Juber, Braxton	Cedar Valley HS	
7	Billings, Adley	Cedar Valley HS	
8	King, Johnathan	Payson HS	
9	Hawkins, Taysen	Uintah HS	
10	Pickup, Jd	Uintah HS	
11	Godfrey, Brock	Cedar Valley HS	
12	Beddes, Ben	Payson HS	

**Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program**

Flight 3 of 4 Finals...(Event 34 Boys Shot Put)

1	Thorup, Daniel	Cedar Valley HS
2	Linde, Manning	Cedar Valley HS
3	Cottle, Owen	Payson HS
4	Hacking, Josh	Uintah HS
5	Smuin, Bryton	Uintah HS
6	El Halta, Zackary	Cedar Valley HS
7	Seely, Bucky	Cedar Valley HS
8	Sharp, Dalton	Uintah HS
9	Bennett, Ethan	Payson HS
10	Muhlestein, Benson	Cedar Valley HS
11	Lawrenson, Ryker	Payson HS
12	Olson, Ethan	Payson HS

Flight 4 of 4 Finals

1	Henderson, Slade	Uintah HS
2	Becar, Cannon	Cedar Valley HS
3	Swenson, Adrian	Cedar Valley HS
4	Rice, Jacob	Cedar Valley HS
5	Fisher, Kj	Cedar Valley HS
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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 35 Girls Javelin Throw

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Baumgardner, Anna	Uintah HS	
2	Bekai, Latnai	Cedar Valley HS	
3	Brazell, Alexis	Cedar Valley HS	
4	Francom, Charlotte	Payson HS	
5	Halverson, Cassie	Uintah HS	
6	Hansen, Kailey	Payson HS	
7	Hassell, Samantha	Cedar Valley HS	
8	Huber, Kaylee Jo	Uintah HS	
9	Johnson, Kynzie	Payson HS	
10	Langi, Kelsy	Cedar Valley HS	
11	Lauber, Rae	Cedar Valley HS	
12	Linde, Brinley	Cedar Valley HS	
13	Moliga, Laila	Cedar Valley HS	
14	Muhlestein, Catie	Cedar Valley HS	
15	Palmer, Aubrey	Cedar Valley HS	
16	Quinones, Ash	Cedar Valley HS	
17	Rice, Elizabeth	Cedar Valley HS	
18	Weight, Alexis	Payson HS	
19	White, Amber	Payson HS	
20	Winter, Aspen	Cedar Valley HS	
21	Young, Brinsley	Payson HS	
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**Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program**

Flight 1 of 1 Finals

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Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program

Event 36 Boys Javelin Throw

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Alabi-Isama, Amari	Cedar Valley HS	
2	Barratt, Cody	Payson HS	
3	Barrus, Luke	Cedar Valley HS	
4	Bennett, Ethan	Payson HS	
5	Billings, Adley	Cedar Valley HS	
6	Bybee, Landon	Cedar Valley HS	
7	Clements, Chandler	Payson HS	
8	Cottle, Owen	Payson HS	
9	Del Billar, Omar	Payson HS	
10	Dongaard, Talon	Cedar Valley HS	
11	Fetua, Alama	Cedar Valley HS	
12	Fisher, Kj	Cedar Valley HS	
13	Hamner, Joshua	Cedar Valley HS	
14	Hamner, Luke	Cedar Valley HS	
15	Hawkins, Taysen	Uintah HS	
16	Henderson, Slade	Uintah HS	
17	Horsely, Kody	Cedar Valley HS	
18	Huber, Drew	Uintah HS	
19	Johnson, Seth	Payson HS	
20	Juber, Braxton	Cedar Valley HS	
21	King, Johnathan	Payson HS	
22	Linde, Manning	Cedar Valley HS	
23	McLelland, Shane	Payson HS	
24	Muhlestein, Benson	Cedar Valley HS	
25	Olson, Ethan	Payson HS	
26	Proctor, Jackson	Cedar Valley HS	
27	Rhoades, Kyler	Payson HS	

**Region 7 Tri Meet - 3/21/2023
Cedar Valley High School
Meet Program**

Flight 1 of 1 Finals

28	Rice, Jacob	Cedar Valley HS
29	Seely, Bucky	Cedar Valley HS
30	Smith, Brandon	Payson HS
31	Smith, Kanen	Cedar Valley HS
32	Smith, Kolten	Cedar Valley HS
33	Sorensen, Payden	Payson HS
34	Swenson, Adrian	Cedar Valley HS
35	Vogl, Bryan	Cedar Valley HS
36	Whited, Kody	Cedar Valley HS

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