

2022 Water Canyon Invitational Order of Events (All events will be timed finals):

Sprint Medley Relay
3200 Meter Run
100/110 Meter Hurdles
100 Meter Dash
1600 Meter Run
400 Meter Dash
4x100 Meter Relay
300 Meter Hurdles
800 Meter Run
200 Meter Dash
4x400 Meter Relay

Field Events (4 attempts with no finals, except high jump which will be three attempts per height)

Section 1

Boys Long Jump
Girls High Jump
Girls Javelin
Boys Shot put
Boys Discus

Section 2 (to start once Section 1 has finished in each discipline)

Girls Long Jump
Boys High Jump
Boys Javelin
Girls Shot put
Girls Discus