

Carbon High School Invitational

March 23rd 2019

Running Events - Timed Finals

10:00 Start

1600 Medley Relay

100 Hurdles

110 Hurdles

100 Meters

1600 Meter

4x100

400 Meters

30 Minuet Break

300 Meter Hurdles

800 Meter

200 Meter

3200 Meter

4x400

Field Events - Prelims & Finals

9:30 Start Time

Girls Shot Put

Boys Disc

Girls Javelin

Girls High Jump

Boys Long Jump

12:30

Boys Shot

Girls Disc

Boys Javelin

Boys High Jump

Girls Long Jump

**Limits ** 4 events per athlete unlimited entries per school except 1 relay per school.
Only 4 athletes per team will be scored for each event.